



International Figure Skating Camp

Ørestad Figure Skating Club is pleased to invite you to participate in an intensive figure skating camp with a strong team of professional and certified coaches from Russia and Latvia – Alexander Ryabinin and his team from the International Figure Skating School.

The camp is for children of all ages and skill levels. The camp will be held in Copenhagen, Ørestad, October 14-18, 2019 and is limited to 25 participants, ensuring an individual approach and effective training to each participant.



COACHES

Alexander Ryabinin

Certified coach from St. Peterburg. Master of Sports in the figure skating. Student of the Honored Coach of Russia Z.A. Ryabinina. Jump specialist.

Ieva Gaile

Latvian figure skating coach. Latvian silver medalist in 2015, and a three-time Latvian junior silver medalist (2012-2014).

Kristine Gaile

Latvian figure skating coach. Twice Latvian junior bronze medalist (2012-2014).

Patricija Zemniece

Latvian figure skating coach. Younger age skaters specialist.



**INTERNATIONAL
FIGURE SKATING
SCHOOL**

Date & time October 14-18, 2019
Mon-Fri 9 am – 4 pm (5 days)

Daily Training sessions 3 x 60 min. on-ice training
2 x 60 min. off-ice training

Camp fee 3.500 DKR

Additional training sessions will be possible to book during the camp at additional charge:

- Training sessions with the Alexei Mishin's vestibular training system
- Jump training with harness

Applications should be submitted on www.oesk.dk and are accepted on a first come first served basis. The camp fee is due in two installments. Payment of 1.500 DKR is due 5 days after application to confirm your place in the camp. Payment instructions will be sent upon receipt of your application. The second payment of 2.000 DKR is due by October 1. The camp fee is non-refundable.

Until Sept. 8, members of Ørestad Figure Skating Club are given priority to apply for a place. Applications by skaters from other clubs are put on a waiting list and will be contacted on Sept. 9.

Training will be conducted in English, Latvian and Russian. The coaches have great experience working with children of all ages and skill levels – from beginners to high-level athletes – and with children whose native language is other than the languages of the coach team. Danish and Swedish speaking representatives will be in the skating hall during the camp.

Meals are not included in the camp fee. Breakfast and lunch can be ordered during the camp at additional charge and will be served in the skating hall.

Organizer / Camp Venue Ørestad Skøjteklub
Hannemanns Allé 14AB
DK - 2300 Copenhagen

For more information, please contact Henrich Dahlgren
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For general information see also
www.oesk.dk ryabinincamps.com/en/ figureskatingschool.lv/en/