

SYNERGY ON ICE

INTERNATIONAL FIGURE SKATING CAMP
SUMMER 2026 EDITION
FÜSSEN, GERMANY

DATES

Week 1: 29 June – 03 July, 2026
Week 2: 06 July – 10 July, 2026
Week 3: 13 July – 17 July, 2026

VENUE

**Federal Training Center
Am Eisstadion 1, Füssen**
Bavaria, Germany
www.bundesstützpunkt.de

OUR PHILOSOPHY

*A focused training environment defined by small, cohesive groups.
We prioritize quality over quantity, catering to detail rather than generic mass exercises.
Merging art and technique in every session.*



WHO IS THIS CAMP FOR?

A. HIGH PERFORMANCE

- Level: Advanced Novice, Junior & Senior
- Jumps: Consistent double axel & attaining triples
- Focus: Refining skills for competition preparation

B. DEVELOPMENT LEVEL

- Level: Intermediate / Basic Novice
- Jumps: Consistent doubles, attaining 2A
- Focus: Developing edges, technique and competitive mindset

C. YOUNG TALENT LEVEL

- Level: Pre-Juvenile / Juvenile
- Jumps: Consistent single axel & working on doubles
- Focus: Building strong foundations and athlete mindset

COACHES*

Tom Dickson | 5x PSA & USFS Choreographer of the Year

A world-renowned figure skating coach and choreographer, celebrated for his innovative style and artistry. Tom has worked with top skaters including Grand Prix Champion Rika Kihira, Olympic Champion Evan Lysacek, and World Champion Kim Yuna.



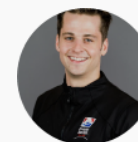
Agnes Zawadzki | 2x U.S. National Medalist

A former elite American figure skater whose accomplishments include the 2010 U.S. Junior National title, two World Junior medals, and two U.S. Bronze medals. Agnes emphasizes technique, artistry, and mental toughness.



Alex Johnson | International Figure Skating Coach

A former U.S. National and International Medalist based in NYC. Trained under world-renowned coaches including Tom Dickson, Alexei Mishin, and Frank Carroll. Alex fuses skating with modern movement principles.



Anja Miklic | Foundational Specialist

A certified sports coach from Slovenia specializing in developmental coaching, building the strong technical foundations and precise biomechanics required for competitive success.



*Additional coaches to be announced

A TRAINING DAY AT A CAMP

Our schedule is designed to maximize athlete development with up to 6 daily sessions. The example below is a typical day for Group B, illustrating the balance between artistry, technique, theory and conditioning.

TIME	SESSION	DESCRIPTION
08:00 – 08:45	Class 1: Dance & Movement	Studio: Focus on alignment, rhythm and modern dance principles.
09:00 – 09:45	Ice Session 1: Skating Skills	Rink: Power stroking, body movement, edge quality and turns.
09:45 – 10:45	Rest & Ice Resurfacing	
10:45 – 11:30	Ice Session 2: Technique I	Rink: Jump mechanics and element breakdown.
11:30 – 12:30	Lunch Break / Rest	
12:30 – 13:15	Ice Session 3: Technique II	Rink: Continuation of jump and spin mechanics, applying technique into performance scenarios
13:30 – 14:15	Class 2: Off-Ice Athletics	Gym/Outside: Specific strength, plyometric and conditioning vital for figure skating.
14:20 – 14:50	Class 3: Theory	Classroom: Discussion on technique, edges, level requirements and mental preparation.
15:00 – 17:00	Private Instruction / Patch	Optional: Ice time for private lessons with selected coaches.

PRICING

WEEK 1

29 June – 03 July

WEEK 2

06 July – 10 July

WEEK 3

13 July – 17 July

€675 – €750*

per week

*Each additional week adds a discount of 5%.

Price for a 1 week is €750, 2 weeks is €1'425, 3 weeks is €2'025.

PRIVATE SESSIONS, SPINNER & HARNESS

Ice patches are available in the afternoons for private lessons as well as spinner and harness lessons. Patch ice price is 20EUR/skater/session. There is a maximum of 8 skaters on the ice surface.

ACCOMMODATION & LOGISTICS

The Federal Training Center rink is centrally located in Füssen. No car is needed if staying in any of the recommended hotels below, all within walking distance.

Meals: are available at a local restaurant.

Transport: The rink is located in the center of the town - no car needed from the hotels listed below.

Recommended hotels near the rink:

- Pension Kößler | +49-8362-4069 | info@pension-koessler.de
- Motel Füssen |- +49-8362-5059962 | info@motel-fuessen-im-allgaeu.com
- Hotel Villa Toscana | +49-8362-9137-0 | info@villa-toscana-fuessen.de
- Luitpoldpark-Hotel | +49-8362-9040 | info@luitpoldpark-hotel.de
- Hotel zum Hechten | +49-8362-91600 | info@hotel-hechten.com
- Best Western Plus | +49-8362-8835-237 | info@hotel-fuessen.bestwestern.de

REGISTRATION & CONTACT

REGISTER NOW

<https://forms.gle/yDxdHLSgsHpgTvvF7>

www.synergyonice.com · app.synergyonice.com

info@synergyonice.com

www.synergyonice.com · app.synergyonice.com

We look forward to welcoming you to Füssen this summer!

Yours Synergy on Ice Team